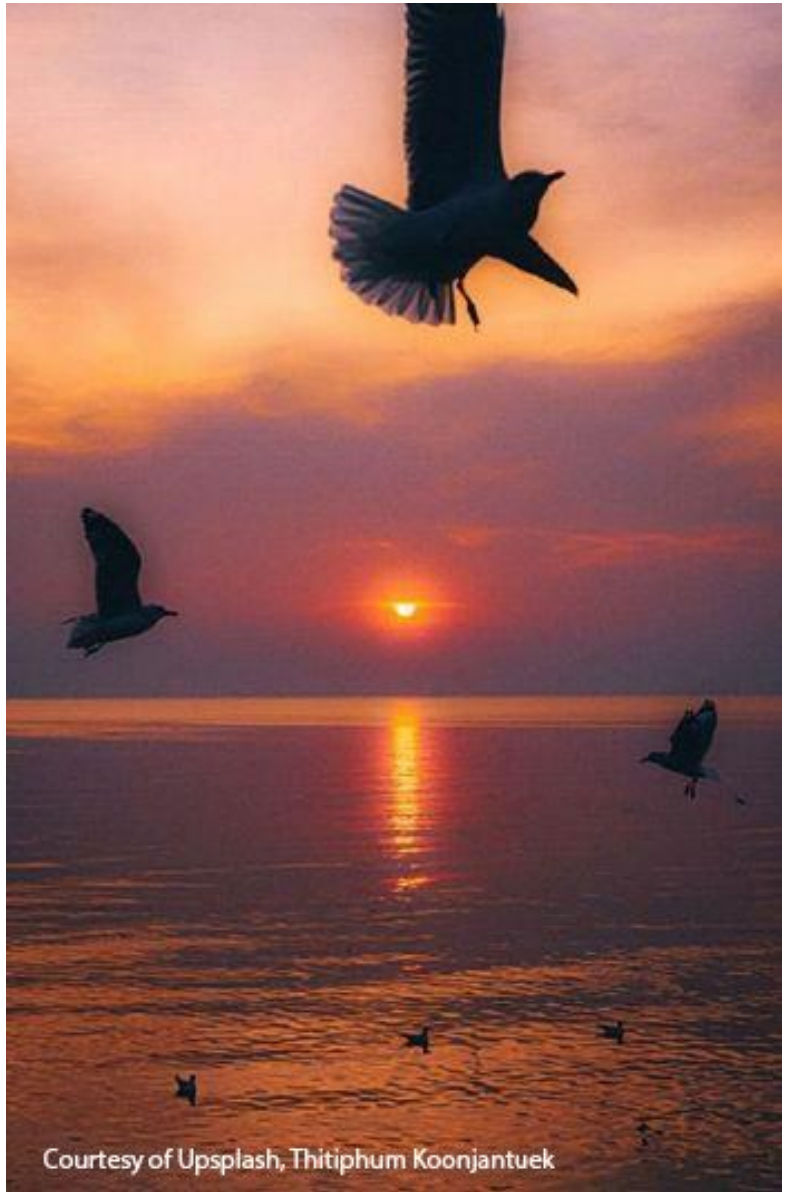


Kenosis

This is my Precious Time for Self-Emptying,
Fasting or Days of Bread with no leaven.
Sitting in Silence, Letting Go; Hopefully Waiting,
Listening for Spirit's Deep Breathing Presence.
Heart Call to open, unfold and lift wing
There will yet be a New Song to Sing.

Surrender my will; Passover to Thine
in seeming Dark Wildness.
Awaken to Grace in Encircling Aliveness.
Dancing movements begin again;
Stepping Uncertain into Unknown Direction.
Hearken to Energizing Sounds of Compassion;
Birth Affection.
See Clearly Now; Arise in Restoring Water of
Life;
Take Flight.
Shine for All -- In Oneness—Love; Serve;
Be Merciful Light!

(Written by Janice Young, CSJA , used with permission)



With love and care from The Women's Table,



<https://thewomenstable.org>