



At the start of a new week, we humbly share a lovely prayer with you . . .

**“Help Me to Remember”
O God, when I have food,
help me to remember the hungry.
When I have work, help me to remember the jobless.
When I have a home,
help me to remember those who have no home at all.
When I am without pain,
help me to remember those who suffer,
and as I remember,
help me to destroy my complacency,
bestir my compassion,
to be concerned enough to help,
by word and deed,
those who cry out for what we take
for granted.
Amen.**

From Teilhard de Chardin, Seven Stages of Suffering, Louis M. Savary & Patricia H. Berne

Blessings as we begin a new week!

The Women’s Table



<https://thewomenstable.org>