



...e-Newsletter — February, 2012

May you be at peace.
May your heart remain open.
May you realize the beauty
Of your own true nature.
Excerpt—Buddhist Meditation

Circles of Love Continue...

The ever-widening circles of compassion & love continue! Thanks to the success & generosity of the “High-5 a Dear Neighbor” project in December, The Women’s Table was able to assemble 58 Valentine gift bags for guests at Hastings

House, a shelter for young women and their children at the Crittenton Women’s Union in Brighton.

The Women’s Table would like to continue this gift bag tradition for Easter, and welcomes donations of \$5.00 Dunkin Donuts gift cards or cash. This simple gesture is our way of reminding each woman that she is precious & valued.



Heart to Hearth

Multicultural Women’s Circle Weaves on

The Multicultural Women’s Circle weaves the lives of women from Guatemala, China, The Philippines, Colombia and beyond. This Circle meets twice a month and provides an opportunity for women from other cultures to share their experiences with one another. This group has been meeting for more than 2 years now, and one member, Susan, described it this way:

“In my hectic pace of life, the Circle has been an oasis—and to borrow something from my daughter’s vocabulary, my Sisters’ Club! At the Circle, we are free to release what’s in our hearts, have a good cry, share a hearty laugh and be comforted that all who are listening are supportive and walking with us through this journey called Life. Thank God for the Women’s Circle!”

Writer’s Workshop

Save these dates! April 12, 19, 26 and May 3rd, 2012. The Women’s Table will be sponsoring a Writer’s Workshop for women interested in self-exploration through writing. Mary Caruso, a volunteer with The Women’s Table who has an extensive career in Education & Law, with an interest in writing, will lead these workshops. The Writer’s Group will meet on 4 consecutive Thursday mornings from 10:00-11:30 a.m. at 637 Cambridge St., Brighton. To register, please call Mary Rita at : 617.746.2056 or email: womens.table@csjboston.org.

For more information contact: maryrita.weschler@csjboston.org— 617.746.2056 — or visit: www.csjboston.org